Lady of the Lake

unknown

Contra Duple Minor Improper

- A1 Balance and swing neighbor (16)
- A2 Actives couples balance and swing (16)
- **B1** Active couples down the center, turn alone (8) Come back and cast off (8)
- **B2** Ladies chain, across and back (16)

Music

Foxy Mary/Loch Laven Castle/Da Tushker

Calling Notes

Duple and improper

Sometimes in contemporary dances, the traditional sequence in B1 is replaced with a "down-in-fours" progression:

B1 Down the center four in line, turn alone (8) Come back, break in the middle and face across (8)

Other Notes

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Video on Youtube: https://www.youtube.com/watch?v=4-PViszPli8